AQUARIUSAF / AVAILABLE FOR SHORT TECHNOLOGY PROJECTS

Sean Wallbridge

Tech Sherpa

Short technology projects for businesses where tech is getting in the way.

Available now: remote or South Florida.

HOW I CAN HELP

- Get a stalled tech project moving again.
- Untangle messy systems, tools and vendors.
- Give a plain-English second opinion before a big tech decision.
- Build practical AI that non-technical teams will actually use.
- Rebuild a website so it is fast, modern and easy to keep current.

For owner-led businesses and larger teams that need fresh eyes. I listen properly, ask the questions that help, and bring a view from outside the problem.

WHAT YOU GET

Clarity, practical options and help doing the work. Thirty-plus years in technology and 25-plus as a business owner. Calm hands when security goes sideways. A feel for people as well as systems, and a little useful mischief.

"Rent my experience and my ears, not my ability to follow someone else's procedure."

BUILT WITH AI. STILL VERY HUMAN.

I built **freakquencies.com** from scratch using AI and my own voice, and I update it from the pickleball court. Personalized songs, human curiosity and AI-assisted tools: a working business line, not just a slide about what AI might do.

30+ years in tech / 25+ years in business
10 Microsoft MVP awards / 6 technical books authored or edited

A few days to a few weeks. Half-day, day or scoped project engagements; two-hour minimum. Billed through Rockstar Antics Entertainment Inc.

Start with a free 20-minute call → aquariusaf.com/contact
sean@rockstarantics.com | 305.684.0828

The work behind the perspective.

CURRENT WORK

Rockstar Antics Entertainment Inc. | Founder & President | 2021–present

Lead strategy, operations and product direction, with hands-on development oversight, testing, releases, marketing and sales. Build technology and live experiences that help people participate. rockstarantics.com

Freakquencies | A business line and a practical AI invention

Personalized songs created with human curiosity and AI-assisted tools. Built the website from scratch using AI and my own voice; keep it evolving through everyday use. A hands-on example of turning new tools into something people can enjoy. freakquencies.com

Rockstar Bingo | Product, platform and participation

Created and launched a music bingo SaaS platform. Lead its brand, product development and marketing, translating host and player needs into features. Players have joined from more than 30 countries. rockstar.bingo

Rockstar Nights | Entertainment that gets the room involved

Live band, music bingo, karaoke and a dance party in one experience. Music and technology working together to create connection. rockstarnights.ca

CAREER FOUNDATION · PREVIOUS WORK

Regroove / itgroove | Founder, President & Principal Consultant | 2003–2023

Founded itgroove in Victoria, BC. Grew the firm to more than 20 employees and built a team that included six Microsoft MVPs. Led through the 2008 recession and the 2018 rebrand to Regroove and cloud-first direction. My work with the company ended in 2023; I am no longer associated with it.

Led technology initiatives for organizations of 10 to 10,000 people across Canada, Bermuda, the US and the UK. Worked with businesses, nonprofits and municipal, provincial and federal government. Combined strategic direction with enterprise systems, cloud migration and organizational change.

Developed Navo, a Microsoft 365 navigation SaaS product adopted across a dozen industries. Contributed through speaking, blogging and technical publishing.

EARLIER VENTURE

Fünketown | Co-founder. Co-founded an experiential wellness space built around curiosity and connection. Its guiding idea: leave people better than we found them.

Depth, range and a human side.

EARLIER CAREER

Bermuda & international consulting | 1998–2003

Senior Consultant at NexGen Technologies; Principal Consultant at Sbi; Vice President of Special Projects at QuoVadis. Enterprise infrastructure and security work across Bermuda, Cayman, Ireland, France, Switzerland, the UK and the US. Helped build QuoVadis' offshore digital certificate authority, participated in its root signing ceremony and developed QuoVadis Sweeper, a SaaS email security solution.

SHL Systemhouse / EDS | Technology Consultant | 1995–1998

Early MCSE on Windows NT 3.51. Designed enterprise server farms for major corporations and government organizations.

Pacific Coast Savings | Operator & Developer | 1993–1995

Supported large-scale banking infrastructure, combining operations and development.

Up with People & Carnival Cruise Line | Musician & Production Tech | 1991–1993

Toured 14 countries and 192 cities as a drummer and production technician.

RECOGNITION & LEARNING

10 Microsoft MVP awards spanning SharePoint and Office 365, recognizing community contributions through speaking, writing and sharing knowledge. **Six Microsoft technical books** authored or edited; more than **90 industry exams** passed.

Certifications achieved during my career: MCSE (NT 3.51, NT 4.0 and Windows 2000), CISSP, Microsoft Certified Trainer and Compaq Server Engineer. These are historical achievements, not a statement of current certification status.

BREADTH OF EXPERIENCE

Business and technology advisory; leadership; organizational change; product development, marketing and automation; Microsoft 365, SharePoint, Teams, Azure and migrations.

Sectors served: technology, music and entertainment, sports, ecommerce, banking, insurance, government, security, wellness, retail, manufacturing, education, healthcare, hospitality, legal, nonprofits, energy and sustainability.

CONNECTION IS THE THROUGH-LINE

Make-A-Wish Foundation | 2008–2023: led more than 150 wish experiences for children and families. Listening, showing up and finding a way matter as much as the plan.

My compass: Playfulness. Connection. Integrity. Faith. Freedom.
Tell the truth. Do the right thing, and do the thing right. Start with why.

Have a knot that needs untangling? Let's talk.
sean@rockstarantics.com | 305.684.0828
References available on request, tailored to the opportunity.